



Winter Child Care While You Workout!

CHILD WATCH HOURS

Ages 6 Weeks - 7 Years

Monday	8:30-11:30AM	4:00-7:00PM
Tuesday	8:30-11:30AM	4:00-7:00PM
Wednesday	8:30-11:30AM	4:00-7:00PM
Thursday	8:30-11:30AM	4:00-7:00PM
Friday	8:30-11:30AM	4:00-7:00PM
Saturday	8:00-11:30AM	

ZIEMAN KIDZONE HOURS

Ages 7 Years and Up

Monday	—	4:00-7:00PM
Tuesday	—	4:00-7:00PM
Wednesday	—	4:00-7:00PM
Thursday	—	4:00-7:00PM
Friday	—	4:00-7:00PM
Saturday	8:00-11:30AM	