

## **COMPETITIVE POOL SCHEDULE OCTOBER 2023**

FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

		Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 AM							
6:00 AM	LAP SWIM (8) 5:00-8:00AM		LAP SWIM (8) 5:00-8:00AM		LAP SWIM (8) 5:00-8:00AM	CLOSED	
7:00 AM		LAP SWIM (8)		LAP SWIM (8)			
8:00 AM	LAP SWIM (2) DEEP WATER AQUA JOG (6)	5:00-9:30AM	LAP SWIM (2) DEEP WATER AQUA JOG (6)	5:00-9:15AM	LAP SWIM (2) DEEP WATER AQUA JOG (6)	LAP SWIM (8) 7:00-9:00AM	
8:45 AM	8:00-8:45AM		8:00-8:45AM		8:00-8:45AM	7.00 3.00,41	
9:00 AM	LAD GUYM (2)		1 AD GUITM (D)			DEEP WATER	
9:45 AM	LAP SWIM (2) WATER AEROBICS (6) 9:00-9:45AM	LAP SWIM (6)	LAP SWIM (2) WATER AEROBICS (6) 9:00-9:45AM	PADDLE BOARD BALANCE & FLOW 9:15-9:45AM	LAP SWIM (2) WATER AEROBICS (6) 9:00-9:45AM	LAP SWIM(4) HIGH INTENSITY(2) 9:00-9:50AM	
10:00 AM		SWIM LESSONS (2) 9:30-11:00AM		(2) 9:30-11:00AM		SWIM LESSONS (2) 9:00-10:30AM	
10:30 AM						LAP SWIM (4)	
11:00 AM	LAP SWIM (8) 9:45-5:30PM		LAP SWIM (8) 9:45-3:30PM		LAP SWIM (8) 9:45-5:00PM	SWIM LESSONS (4) 10:30-12:00AM	
12:00 PM		LAP SWIM (8) 11:00-3:30PM		LAP SWIM (8) 11:00-3:30PM			
1:00 PM 2:00 PM		11.00-3.30FM		11.00-3.30FM			CLOSED
3:00 PM						LAP SWIM (5) DIVING BOARD (3)	
3:30 PM		LAP SWIM (3)		LAP SWIM (3)		12:00-4:30PM	
	LAP SWIM (3)	BDHS SWIM TEAM (5) 3:30-6:00	LAP SWIM (3)	BDHS SWIM TEAM (5) 3:30-6:00			
4:00 PM	BDHS SWIM TEAM (5)	3:30-6:00	BDHS SWIM TEAM (5)	3:30-6:00	LAP SWIM (3)		
4:30 PM	3:30-6:00		3:30-6:00	LAP SWIM (1)	BDHS SWIM TEAM (5)		
5:00 PM		LAP SWIM (1) BDHS SWIM TEAM (5)		SWIM LESSONS BDHS SWIM TEAM (5)	3:30-6:00		
5:30 PM	LAP SWIM (1) DEEP WATER HIGH	SWIM LESSONS (2) 4:30-6:30PM	LAP SWIM (1) DEEP WATER HIGH	(2) 4:30-6:00PM			
6:00 PM	INTENSITY(2) 5:30-6:30PM		INTENSITY(2) 5:30-6:30PM	LAD CINTM (C)		CLOSED	
6:30 PM		LAP SWIM (3) SWIM LESSONS(5)	LAP SWIM (5)	LAP SWIM (6)  SWIM LESSONS (2) 6:00-7:30PM	LAP SWIM (5) DIVING BOARD (3) 5:30-7:30PM		
7:00 PM		6:30-7:30PM	DEEP WATER AQUA JOG (3) 6:30-7:30PM				
7:30 PM	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED		

## **POOL/LANE CLOSURES**

**MONDAY, OCTOBER 9TH AT 4:00PM** THE COMPETITVE POOL WILL BE CLOSED DUE TO A BDHS SWIM MEET Hours and Schedules as of 9/1/2023

YMCA Facility Hours				
Monday-Friday	5a-8p			
Saturday	7a-6p			
Sunday	CLOSED			

YMCA OF DODGE COUNTY

YMLA UP JUJUGE COUNT 1 220 Corporate Drive, Beaver Dam WI 53916 P 920 887 8811 F 920 887 9298 W theYdc.org facebook.com/theYdc twitter.com/theYdodgecounty

