

## COMPETITIVE POOL SCHEDULE JANUARY 2024

FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

Time	Monday	Tuesday	Wednesday	Thursday Friday		Saturday		Sunday	
5:00 AM 6:00 AM	LAP SWIM (8) 5:00-8:00AM		LAP SWIM (8) 5:00-8:00AM			LAP SWIM (8) 5:00-8:00AM	CLOSED		
7:00 AM	5.00 0.00/11	LAP SWIM (8)	3.00 0.00/11	LAP SWIM	4 (8)	5.00 0.00.			
8:00 AM	LAP SWIM (2)	5:00-9:30AM	LAP SWIM (2)	5:00-9:15AM		LAP SWIM (2)	LAP SWIM (8) 7:00-9:00AM		
8:45 AM	DEEP WATER AQUA JOG (6) 8:00-8:45AM		DEEP WATER AQUA JOG (6) 8:00-8:45AM			DEEP WATER AQUA JOG (6) 8:00-8:45AM	7.00-3	.OOAM	
9:00 AM								DEEP WATER	
9:45 AM	LAP SWIM (2) WATER AEROBICS (6) 9:00-9:45AM	LAP SWIM (6) SWIM LESSONS (2)	LAP SWIM (2) WATER AEROBICS (6) 9:00-9:45AM	(2)	PADDLE BOARD BALANCE & FLOW 0:15-9:45AM	LAP SWIM (2) WATER AEROBICS (6) 9:00-9:45AM	LAP SWIM(4)	HIGH INTENSITY(2) 9:00-9:50AM	CLOSED
10:00 AM		9:30-11:00AM	LAP SWIM (8) 9:45-4:30PM				SWIM LESSONS (2) 9:00-10:30AM		
10:30 AM							LAP SWIM (4) SWIM LESSONS (4) 10:30-12:00AM		
11:00 AM				LAP SWIM (8) 11:00-3:20PM					
12:00 PM	LAP SWIM (8)								LAP SWIM (5)
1:00 PM	9:45-4:30PM	LAP SWIM (8)							
2:00 PM 3:00 PM		11:00-4:30PM				LAP SWIM (8)	LAP SV DIVING B		DIVING BOARD (3)
3:30 PM				SWIM	AP SWIM (5) 3:20-4:25PM	9:45-5:00PM		4:30PM	12:00-3:30PM
4:00 PM				TEAM(3) 3:20-4:25PM	3.20-4.23FM				
4:30 PM	LAP SWIM (3) DCSD SWIM TEAM (5)		LAP SWIM (3) DCSD SWIM TEAM (5)						
5:00 PM	4:30-6:30PM	LAP SWIM (1) DCSD SWIM	4:30-6:30PM	LAP SWIM (1)	DCSD SWIM				
5:30 PM	LAP SWIM (1)	TEAM (5) SWIM LESSONS 4:30-6:30PM (2)	LAP SWIM (1)		TEAM (5) 4:30-6:30PM				
6:00 PM	DEEP WATER HIGH 4:30-7:00PM INTENSITY(2) 5:30-6:30PM		SHALLOW WATER FITNESS(2) 5:30-6:30PM	4:30-7:00PM			CLOSED		CLOSED
6:30 PM	LAP SWIM (5)		LAP SWIM (5)			LAP SWIM (5) DIVING BOARD (3)			
7:00 PM	DEEP WATER AQUA JOG (3) 6:30-7:30PM	LAP SWIM (2) SWIM LESSONS(6) 7:00-7:30PM	DEEP WATER AQUA JOG (3) 6:30-7:30PM	LAP SWIM (3) SWIM LESSONS (5) 7:00-7:30PM		5:30-7:30PM			
7:30 PM	CLOSED	CLOSED	CLOSED	CLOSE	:D	CLOSED			

## POOL/LANE CLOSURES

Hours and Schedules as of 1/1/2024

12p-4p

Sunday

Closed Sunday, January 21 from 12-1pm due to home swim meet.	YMCA Facility Hours		
	Monday-Friday	5a-8p	
*Disclaimer: Lane availabilty may vary depending on YMCA programs. When lanes are limited, lane sharing and circle swimming is encouraged.	Saturday	7a-6p	

## YMCA OF DODGE COUNTY

220 Corporate Drive, Beaver Dam WI 53916
P 920 887 8811 F 920 887 9298 W theYdc.org
facebook.com/theYdc twitter.com/theYdodgecounty