



COMPETITIVE POOL SCHEDULE MARCH 2024

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

| Time | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday | | |
|----------|---|--|--|---|--|---|-----------------------------------|--|--------|
| 5:00 AM | LAP SWIM (8) 5:00-8:00AM | LAP SWIM (8) 5:00-9:30AM | LAP SWIM (8) 5:00-8:00AM | LAP SWIM (8) 5:00-9:15AM | LAP SWIM (8) 5:00-8:00AM | CLOSED | | | |
| 6:00 AM | | | | | | LAP SWIM (8) 7:00-9:00AM | CLOSED | | |
| 7:00 AM | | | | | | | | | |
| 8:00 AM | LAP SWIM (2) DEEP WATER AQUA JOG (6) 8:00-8:45AM | LAP SWIM (2) DEEP WATER AQUA JOG (6) 8:00-8:45AM | | | | | | | |
| 8:45 AM | LAP SWIM (2) WATER AEROBICS (6) 9:00-9:45AM | | LAP SWIM (2) WATER AEROBICS (6) 9:00-9:45AM | | | | | | |
| 9:00 AM | | | | | | | | | |
| 9:45 AM | | | | | | | | | |
| 10:00 AM | LAP SWIM (8) 9:45-4:30PM | LAP SWIM (6) SWIM LESSONS (2) 9:30-11:00AM | LAP SWIM (3) SWIM LESSONS (2) 9:30-11:00AM | PADDLE BOARD BALANCE & FLOW 9:15-9:45AM | LAP SWIM (2) WATER AEROBICS (6) 9:00-9:45AM | LAP SWIM(4) | | DEEP WATER HIGH INTENSITY(2) 9:00-9:50AM | |
| 10:30 AM | | | | | | SWIM LESSONS (2) 9:00-10:30AM | | | |
| 11:00 AM | | | | | | LAP SWIM (4) SWIM LESSONS (4) 10:30-12:00AM | | | |
| 12:00 PM | | LAP SWIM (8) 11:00-4:30PM | LAP SWIM (8) 9:45-4:30PM | LAP SWIM (8) 11:00-3:20PM | LAP SWIM (8) 9:45-5:00PM | LAP SWIM (5) DIVING BOARD (3) 12:00-4:30PM | | | |
| 1:00 PM | | | | | | | | LAP SWIM (5) DIVING BOARD (3) 12:00-4:30PM | |
| 2:00 PM | | | | | | | | | |
| 3:00 PM | | | | | | | | | |
| 3:30 PM | | | | | | SPECIAL OLYMPICS SWIM TEAM(3) 3:20-4:25PM | LAP SWIM (5) 3:20-4:25PM | | |
| 4:00 PM | | | | LAP SWIM (3) DCSD SWIM TEAM (5) 4:30-6:30PM | | LAP SWIM (1) SWIM LESSONS (2) 4:30-7:00PM | DCSD SWIM TEAM (5) 4:30-6:30PM | | |
| 4:30 PM | LAP SWIM (1) SHALLOW WATER FITNESS(2) 5:30-6:30PM | | | | | | | | |
| 5:00 PM | | | | | | | | | |
| 5:30 PM | | | LAP SWIM (1) DEEP WATER HIGH INTENSITY(2) 5:30-6:30PM | LAP SWIM (2) SWIM LESSONS(6) 7:00-7:30PM | LAP SWIM (5) DEEP WATER AQUA JOG (3) 6:30-7:30PM | LAP SWIM (3) SWIM LESSONS (5) 7:00-7:30PM | CLOSED | CLOSED | |
| 6:00 PM | | | | | | | | | |
| 6:30 PM | | | | | | | | | |
| 7:00 PM | LAP SWIM (5) | LAP SWIM (2) SWIM LESSONS(6) 7:00-7:30PM | LAP SWIM (5) DEEP WATER AQUA JOG (3) 6:30-7:30PM | LAP SWIM (3) SWIM LESSONS (5) 7:00-7:30PM | LAP SWIM (5) DIVING BOARD (3) 5:30-7:30PM | CLOSED | CLOSED | | |
| 7:30 PM | DEEP WATER AQUA JOG (3) 6:30-7:30PM | | | | | | | | |
| | CLOSED | | | | | | | CLOSED | CLOSED |

POOL/LANE CLOSURES

Hours and Schedules as of 3/1/2024

Tuesday, March 26 11am-3pm - Half of the Pool will be CLOSED for the Fire Dept. Dive Training

YMCA Facility Hours

Monday-Friday

5a-8p

Saturday

7a-6p

Sunday

12p-4p

***Disclaimer: Lane availability may vary depending on YMCA programs. When lanes are limited, lane sharing and circle swimming is encouraged.**

YMCA OF DODGE COUNTY

220 Corporate Drive, Beaver Dam WI 53916
P 920 887 8811 F 920 887 9298 W theYdc.org
facebook.com/theYdc twitter.com/theYdodgecounty