

						 <small>FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY</small>	
	APRIL	2025	FAMILY	POOL	SCHEDULE		
Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 AM						CLOSED	
6:00 AM		Early Rizer Water Aerobics		Early Rizer Water Aerobics			
7:00 AM	Low Impact Water Aerobics	6:00-6:45AM	Low Impact Water Aerobics	6:00-6:45AM	Low Impact Water Aerobics		
8:00 AM	7:15-8:00AM	Marshfield PT 7:00-9:00AM	7:15-8:00AM	Marshfield PT 7:00-9:00AM	7:15-8:00AM		
8:30 AM	Propulsion Walking	Propulsion Walking	Propulsion Walking	Propulsion Walking	Propulsion Walking		
9:00 AM	6:00-11:15AM	6:00-11:15AM	6:00-11:15AM	6:00-11:15AM	6:00-11:15AM	Propulsion Walking	
10:00 AM	Intermediate Water Aerobics	Swim Lessons	Intermediate Water Aerobics	Swim Lessons	Intermediate Water Aerobics	8:30-12:00PM	
10:30 AM	10:00AM-10:45AM	8:30-12:00PM	10:00AM-10:45AM	8:30-12:00PM	10:00AM-10:45AM	Swim Lessons	
11:15 AM						8:30-12:00PM	
12:00 PM						Family Open Swim	
1:00 PM						& Lazy River	Family Open
2:00 PM						12:00-4:30PM	Swim
3:00 PM						Slide	& Lazy River
3:45 PM						12:30-3:30	12:00-3:30PM
4:00 PM							
4:30 PM		Propulsion Walking		Propulsion Walking	Family Open Swim	CLOSED	
5:00 PM		4:00-7:00PM	Family Open Swim	4:00-7:00PM	& Lazy River		
5:30 PM	Family Open Swim	Swim Lessons	4:00-7:30PM	Swim Lessons	4:00-7:30PM		
6:00 PM	4:00-7:30PM	4:00-7:00PM		4:00-7:00PM			
6:30 PM		CLOSED		CLOSED			
7:00 PM	CLOSED		CLOSED		CLOSED		
7:30 PM							
	POOL CLOSURES/EVENTS					Hours and Schedules as of 4/3/2025	
						YMCA Facility Hours	
						Monday- Friday	5a-8p
						Saturday	7a-6p
						Sunday	12p-4p
	Members must be at least 13 years old to participate in propulsion walking						