

# July 2025 Family Pool Schedule



Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 AM		Early Rizer Water Aerobics		Early Rizer Water Aerobics		CLOSED	CLOSED
6:00 AM	Low Impact Water Aerobics	6:00-6:45AM	Low Impact Water Aerobics	6:00-6:45AM	Low Impact Water Aerobics		
7:00 AM		Marshfield PT 7:00-9:00AM		Marshfield PT 7:00-9:00AM			
8:00 AM	7:15-8:00AM		7:15-8:00AM		7:15-8:00AM		
8:30 AM	Propulsion Walking	Propulsion Walking	Propulsion Walking	Propulsion Walking	Propulsion Walking		
9:00 AM	6:00-11:15AM Intermediate Water Aerobics	6:00-11:15AM Swim Lessons	6:00-11:15AM Intermediate Water Aerobics	6:00-11:15AM Swim Lessons	6:00-11:15AM Intermediate Water Aerobics	Propulsion Walking	
10:00 AM		8:30-12:00PM		8:30-12:00PM		8:30-12:00PM	
10:30 AM	10:00AM-10:45AM		10:00AM-10:45AM		10:00AM-10:45AM	Swim Lessons	
11:15 AM						8:30-12:00PM	
12:00 PM						Family Open Swim & Lazy River	CLOSED
1:00 PM						12:00-4:30PM	
2:00 PM	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED		
3:00 PM	11:15AM-4:00PM	11:15AM-4:00PM	11:15AM-4:00PM	11:15AM-4:00PM	11:15AM-4:00PM	Slide	
3:45 PM						12:30-3:30	
4:00 PM							
4:30 PM							
5:00 PM		Propulsion Walking		Propulsion Walking	Family Open Swim		
5:30 PM	Family Open Swim 4:00-7:30PM	4:00-7:00PM Swim Lessons	Family Open Swim 4:00-7:30PM	4:00-7:00PM Swim Lessons	& Lazy River 4:00-7:30PM		
6:00 PM		CLOSED		CLOSED		CLOSED	
6:30 PM							
7:00 PM	CLOSED		CLOSED		CLOSED		
7:30 PM							
	POOL CLOSURES/EVENTS					Hours and Schedules as of 7/3/2025	
						YMCA Facility Hours	
						Monday- Friday	5a-8p
						Saturday	7a-6p
						Sunday	CLOSED

\*Members must be at least 13 years old to participate in propulsion walking\*