

January 2026 Family Pool Schedule



Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5:00 AM	Low Impact Water Aerobics	Early Rizer Water Aerobics	Low Impact Water Aerobics	Early Rizer Water Aerobics	Low Impact Water Aerobics	CLOSED		
6:00 AM		6:00-6:45AM		6:00-6:45AM				6:00-6:45AM
7:00 AM		Marshfield PT 7:00- 9:00AM		Marshfield PT 7:00- 9:00AM				Marshfield PT 7:00- 9:00AM
8:00 AM		7:15-8:00AM		7:15-8:00AM				7:15-8:00AM
8:30 AM	Propulsion Walking	Propulsion Walking	Propulsion Walking	Propulsion Walking	Propulsion Walking			Propulsion Walking
9:00 AM	6:00-11:15AM	6:00-11:15AM	6:00-11:15AM	6:00-11:15AM	6:00-11:15AM			
10:00 AM	Intermediate Water Aerobics	Swim Lessons	Intermediate Water Aerobics	Swim Lessons	Intermediate Water Aerobics	8:30-12:00PM		
10:30 AM	10:00AM-10:45AM	8:30-12:00PM	10:00AM-10:45AM	8:30-12:00PM	10:00AM-10:45AM	Swim Lessons		
11:15 AM						8:30-12:00PM	Family Open Swim	
12:00 PM	CLOSED 11:15AM-4:00PM					Family Open Swim		12:00-3:30PM
1:00 PM						& Lazy River		
2:00 PM						12:00-4:30PM		
3:00 PM						Slide		
3:45 PM						12:30-3:30		
4:00 PM	Family Open Swim 4:00-7:30PM	Propulsion Walking	Family Open Swim 4:00-7:30PM	Propulsion Walking	Family Open Swim	CLOSED		
4:30 PM		4:00-7:00PM		4:00-7:00PM	& Lazy River			
5:00 PM		Swim Lessons		Swim Lessons	4:00-7:30PM			
5:30 PM		4:00-7:00PM		4:00-7:00PM				
6:00 PM								
6:30 PM								
7:00 PM								
7:30 PM	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED			
	POOL CLOSURES/EVENTS						Hours and Schedules as of	
	January 9th- School's Night Out 5-7:30PM						12/31/2025	
							YMCA Pool Hours	
							Monday- Friday	5a-7:30pm
	Members must be at least 13 years old to participate in propulsion walking						Saturday	7a-4:30pm
							Sunday	12-3:30pm