March 2026 Family Pool Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 AM							
6:00 AM		Early Rizer Water Aerobics 6:00-6:45AM		Early Rizer Water Aerobics 6:00-6:45AM			
7:00 AM	Low Impact Water Aerobics 7:15-8:00AM		Low Impact Water Aerobics 7:15-8:00AM		Low Impact Water Aerobics 7:15-8:00AM	**CLOSED**	
8:00 AM		Marshfield PT 7:00-9:00AM		Marshfield PT 7:00-9:00AM			
8:30 AM	Propulsion Walking 6:00-11:15AM	Propulsion Walking 6:00-11:15AM	Propulsion Walking 6:00-11:15AM	Propulsion Walking 6:00-11:15AM	Propulsion Walking 6:00-11:15AM		
9:00 AM						Propulsion Walking 8:30-12:00PM	
10:00 AM	Intermediate Water Aerobics 10:00AM-10:45AM	Swim Lessons 8:30-12:00PM	Intermediate Water Aerobics 10:00AM-10:45AM	Swim Lessons 8:30-12:00PM	Intermediate Water Aerobics 10:00AM-10:45AM		
10:30 AM						Swim Lessons 8:30-12:00PM	
11:15 AM							
12:00 PM						Family Open Swim & Lazy River 12:00-4:30PM	Family Open Swim & Lazy River 12:00-3:30PM
1:00 PM							
2:00 PM	CLOSED 11:15AM-4:00PM	CLOSED 11:15AM-4:00PM	CLOSED 11:15AM-4:00PM	CLOSED 11:15AM-4:00PM	CLOSED 11:15AM-4:00PM		
3:00 PM						Slide 12:30-3:30	
3:45 PM							
4:00 PM							
4:30 PM			SHALLOW WATER FREE WEIGHTS 4:15-5:15PM				
5:00 PM		Propulsion Walking 4:00-7:00PM		Propulsion Walking 4:00-7:00PM	Family Open Swim & Lazy River 4:00-7:30PM		
5:30 PM	Family Open Swim 4:00-7:30PM		Family Open Swim 4:00-7:30PM			**CLOSED**	
6:00 PM		Swim Lessons 4:00-7:00PM		Swim Lessons 4:00-7:00PM			
6:30 PM							
7:00 PM		CLOSED		CLOSED			
7:30 PM	CLOSED		CLOSED		CLOSED		

POOL CLOSURES/EVENTS

School's Night Out- Friday, March 27th

Members must be at least 13 years old to participate in propulsion walking

Hours and Schedules as of 2/28/2026	
YMCA Pool Hours	
Monday- Friday	6a-7:30pm
Saturday	8:30a-4:30pm
Sunday	12-3:30pm