

June 2025 Competitive Pool Schedule



Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 AM	LAP SWIM (8)		LAP SWIM (8)		LAP SWIM (8)	CLOSED	
6:00 AM	5:00-8:00 AM	LAP SWIM (8)	5:00-8:00 AM	LAP SWIM (8)	5:00-8:00 AM	LAP SWIM (8)	
7:00 AM	DEEP AQUA JOG (6) 8-8:45 AM		DEEP AQUA JOG (6) 8-8:45 AM		DEEP AQUA JOG (6) 8-8:45 AM		
8:00 AM	LAP SWIM (2) 8-8:45 AM	5:00-8:30 AM	LAP SWIM (1) 8-8:45 AM	5:00-9:30 AM		7:00-9:00 AM	
8:45 AM		LESSONS (2) 8:00-9:30 AM		LESSONS (2) 8:00-9:30 AM	LAP SWIM (2) 8-8:45 AM	DEEP WATER HIGH INTENSITY	
9:00 AM	WATER AEROBICS (6) 9-9:45AM	LAP SWIM (2) 8:30-9:30 AM	WATER AEROBICS (6) 9-9:45AM	LAP SWIM (2) 8:30-9:30 AM	WATER AEROBICS (6) 9-9:45AM	8:45- 9:45 AM (2) LESSONS (2) 9-10:30 AM	
9:45 AM	LAP SWIM (2) 9-9:45 AM	LESSONS (6) 9:30-12:00 AM	LAP SWIM (2) 9-9:45 AM	LESSONS (6) 9:30-12:00 AM	LAP SWIM (2) 9-9:45 AM		
10:00 AM		LAP SWIM (2)		LAP SWIM (2)	LAP SWIM (8)	LAP SWIM (4)	
10:30 AM		9:30- 12:00 PM		9:30- 12:00 PM	9:30- 10:30 AM	9:00-10:30 AM	
11:00 AM						LESSONS (4) 10:30-12:00 PM	
12:00 PM						LAP SWIM (4)	
1:00 PM	LAP SWIM (8)	LAP SWIM (8)	LAP SWIM (8)	LAP SWIM (8)			
2:00 PM	10:00-4:00 PM	12:00- 3:00 PM	10:00-4:00 PM	12:00- 3:00 PM		LAP SWIM (5)	
3:00 PM		SWIM TEAM (3) 3-4:30PM		SWIM TEAM (3) 3-4:30PM		DIVING BOARD (3) 12:00- 4:30 PM	
4:00 PM	SWIM TEAM (3) 4-5:30PM	LAP SWIM (5) 4:30PM	SWIM TEAM (3) 4-5:30PM	LAP SWIM (5) 3-4:30PM			
4:30 PM	LESSONS (1) 4:30-5:30PM	LESSONS (4) 4:30-5 PM	LESSONS (1) 4:30-5 PM	LESSONS (4) 4:30- 5 PM			
	LAP SWIM (4) 4:00-5:30 PM	LAP SWIM (4) 4:30- 5:30 PM	LESSONS (4) 4:30- 5:30 PM	LAP SWIM (4) 4:30- 5:30 PM			
		LESSONS (4) 5-5:30PM	LESSONS (1) 5-5:30 PM	LESSONS (4) 5-5:30 PM			
5:00 PM		LAP SWIM (4) 5-5:30PM	LAP SWIM (4) 4:00- 5:30 PM	LAP SWIM (4) 5:00- 5:30 PM	LAP SWIM (5)		
	LESSONS (1) 5:30PM-6:30PM		LAP SWIM (5) 5:30- 6:00 PM		4:30PM- 7:30 PM		
5:30 PM	DEEP WATER HIGH INTENSITY	LESSONS (4) 5:30PM-6:00PM	Shallow Water Free Weights	LESSONS (4) 5:30PM-6:00PM	DIVING BOARD (3)		
	5:30-6:30 PM (2)	LAP SWIM (4)	5:30-6:30 PM (2)	LAP SWIM (4) 6:00-6:30	4:30-7:30 PM	CLOSED	
	LAP SWIM (5) 5:30-6:30 PM	5:30-6 PM	LESSONS (1) 5:30-6 PM	5:30-6 PM			
		LESSONS (4) 6-6:30 PM		LESSONS (4) 6-6:30 PM			
		LAP SWIM (4) 6-6:30 PM	LAP SWIM (8) 6:00-6:30	LAP SWIM (4) 6:00-6:30			
6:00 PM	LESSONS (1) 6:30-7:30	LESSONS (4)	LESSONS (1) 6:30-7:30 PM	LESSONS (4)			
6:30 PM	LAP SWIM (4) 6:00-7:30 PM	6:30-7:30 PM	LAP SWIM (4) 6:30-7:30 PM	6:30-7:30 PM			
	DEEP AQUA JOG (3)	LAP SWIM (4)	DEEP AQUA JOG (3)	LAP SWIM (4)			
7:00 PM	6:30-7:30 PM	6:30-7:30 PM	6:30-7:30 PM	6:30-7:30 PM			
7:30 PM	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED		
	POOL/LANE CLOSURES					Hours and Schedules as of 6/18/2025	
	*DISCLAIMER: Lane availability may vary depending on YMCA programs. Y programs take precedent for lap lanes. This includes Private Lessons, Swim Team, Group Lessons, Camp Lessons, and Water Classes. □					YMCA Facility Hours	
	When lanes are limited lane circle swimming is encouraged.					Monday- Friday	5a-8p
	Home School Gym Class June 12 & 26 (2) Lanes 8:30-10AM					Saturday	7a-6p
						Sunday	CLOSED