October 2025 Competitive Pool Schedule								
Ti	Manaday			-		FOR HEAD FOR SOCIAL	H DEVELOPMENT®	
5:00 AM 6:00 AM 7:00 AM	Monday LAP SWIM (8) 5:00- 8:00AM	Tuesday	LAP SWIM (8) 5:00-7:55AM	Thursday	Friday LAP SWIM (8) 5:00- 8:00AM	Saturday CLOSED	Sunday	
8:00 AM 8:45 AM	DEEP AQUA JOG (6) 8- 8:45 AM	LAP SWIM (8) 5:00- 10:30AM	DEEP AQUA JOG (7) 8-8:45 AM	LAP SWIM (8) 5:00- 10:30AM	DEEP AQUA JOG (6) 8- 8:45 AM	LAP SWIM (8) 7:00- 8:45AM		
9:00 AM	WATER AEROBICS (6) 9-9:45AM		LAP SWIM (1) 8- 9:00AM WATER AEROBICS (6) 9-9:45AM		WATER AEROBICS (6) 9-9:45AM	DEEP WATER HIGH INTENSITY (2) 8:45- 9:45AM		
9:45 AM 10:00 AM 10:30 AM	LAP SWIM (2) 8:00- 9:45 AM	LESSONS (3) 10:30- 11:30 AM	LAP SWIM (2) 9- 9:45 AM	LESSONS (3) 10:30- 11:30 AM	LAP SWIM (2) 8:00- 9:45 AM	LESSONS (2) 9:30- 10:30 AM LAP SWIM (4) 9:00- 10:30AM		
11:00 AM		LAP SWIM (5) 10:30- 11:30AM		LAP SWIM (5) 10:30-11:30AM		LESSONS (4) 10:30- 12:00 PM LAP SWIM (4) 10:30-	CLOSED	
1:00 PM 1:00 PM 2:00 PM 3:00 PM	LAP SWIM (8) 10:00 4:00PM	LAP SWIM (8) 11:30- 4:00PM	LAP SWIM (8) 10:00-4:00PM	LAP SWIM (8) 11:30-4:00PM	LAP SWIM (8) 10:00- 4:00PM	12PM LAP SWIM (5) 12:00- 4:30PM		
4:00 PM 4:30 PM	BDHS SWIM TEAM (3) 4-5:30PM	BDHS SWIM TEAM (3) 4-5:30PM	BDHS SWIM TEAM (3) 4-5:30PM	BDHS SWIM TEAM (3) 4-5:30PM	BDHS SWIM TEAM (3) 4-5:30PM	DIVING BOARD (3) 12:00-4:30PM		
	LESSONS (2) 4- 5:30PM	LESSONS (3) 4- 5:30PM	LESSONS (1) 4- 5:00 PM	LESSONS (2) 4- 5:30 PM	LAP SWIM (2) 4- 5:30PM			
5:00 PM 5:30 PM	LAP SWIM (3) 4:00- 5:30 PM LESSONS (2) 5:30- 7:30PM DEEP WATER HIGH INTENSITY (2) 5:30-	LAP SWIM (2) 4:00- 5:30PM	LAP SWIM (4) 4:00- 5:30 PM LAP SWIM (5) 5:30- 6:30 PM SHALLOW WATER FREE WEIGHTS (2)	LAP SWIM (3) 4:00- 5:30 PM LESSONS (4) 6- 7:00PM	DIVING BOARD (3) 4:30-7:30PM	CLOSED		
	6:30PM LAP SWIM (4) 5:30- 6:00 PM	LESSONS (4) 6- 7:30PM	5:30-6:30PM LESSONS (1) 6:00- 6:30 LESSONS (1) 6:30-		DCSD SWIM TEAM (2) 6-7:30PM			
6:00 PM 6:30 PM	DCSD SWIM TEAM (2) 6-7:30PM LAP SWIM (3) 6- 7:30	LAP SWIM (4) 5:30- 7:30PM	7:30 PM DCSD SWIM TEAM (2) 6-7:30PM LAP SWIM (2) 6:30-7:30 PM	LESSONS (5) 7- 7:30PM LAP SWIM (3) 7:00-	LAP SWIM (3) 5:30- 7:30PM			
7:00 PM 7:30 PM	DEEP AQUA JOG (3) 6:30-7:30PM CLOSED	CLOSED	DEEP AQUA JOG (3) 6:30-7:30PM CLOSED	7:30PM CLOSED	CLOSED			
		POOL/LANE CLOSURES				Hours and Sched 10/1/202		
	take precedent for	availabilty may vary d r lap lanes.This include Camp Lessons, and W	es Private Lessons, S		YMCA Pool Hour		Hours	
	When lanes are limited lane circle swimming is on DCSD Swim Team 6-7:30 (2) Mon. Wed. Fri.					Monday- Friday Saturday	5a-7:30pm 7a-4:30pm	
	DCSD Swim To	eam Placement Tryouts		20th and 22nd		Sunday	CLOSED	