Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5:00 AM		Early Rizer Water		Early Rizer Water				
6:00 AM		Aerobics		Aerobics				
0.007	Low Impact Water		Low Impact Water		Low Impact Water			
7:00 AM	Aerobics	6:00-6:45AM	Aerobics	6:00-6:45AM	Aerobics	CLOSED		
		Marshfield PT 7:00-		Marshfield PT 7:00-				
8:00 AM	7:15-8:00AM	9:00AM	7:15-8:00AM	9:00AM	7:15-8:00AM			
8:30 AM	Propulsion Walking	Propulsion Walking	Propulsion Walking	Propulsion Walking	Propulsion Walking			
9:00 AM	6:00-11:15AM	6:00-11:15AM	6:00-11:15AM	6:00-11:15AM	6:00-11:15AM	Propulsion Walking		
	Intermediate Water		Intermediate Water		Intermediate Water			
10:00 AM 10:30 AM	Aerobics 10:00AM-10:45AM	Swim Lessons 8:30-12:00PM	Aerobics 10:00AM-10:45AM	Swim Lessons 8:30-12:00PM	Aerobics 10:00AM-10:45AM	8:30-12:00PM Swim Lessons		
10:30 AM	10:00AM-10:45AM	6:30-12:00PM	10:00AM-10:45AM	6:30-12:00PM	10:00AM-10:45AM	Swilli Lessons		
11:15 AM						8:30-12:00PM		
12:00 PM						Family Open Swim		
1:00 PM						& Lazy River	CLOSED	
2:00 PM	CLOSED 11:15AM-4:00PM	CLOSED 11:15AM-4:00PM	CLOSED 11:15AM-4:00PM	CLOSED 11:15AM-4:00PM	CLOSED 11:15AM-4:00PM	12:00-4:30PM Slide		
3:00 PM	11:15AM-4:00PM	11:15AM-4:00PM	11:15AM-4:00PM	11:15AM-4:00PM	11:15AM-4:00PM	Silde		
3:45 PM						12:30-3:30		
4:00 PM								
4:30 PM 5:00 PM		Propulsion Walking		Propulsion Walking	Family Open Swim			
			F 11 0 0 :					
5:30 PM 6:00 PM	Family Open Swim 4:00-7:30PM	4:00-7:00PM Swim Lessons	Family Open Swim 4:00-7:30PM	4:00-7:00PM Swim Lessons	& Lazy River 4:00-7:30PM	CLOSED		
6:30 PM	1.00 7.50111	4:00-7:00PM	1.00 7.50111	4:00-7:00PM	1.00 7.50111	CLOSED		
7:00 PM		CLOSED		CLOSED				
7:30 PM	CLOSED		CLOSED		CLOSED			
						Hours and Scheo	dulos as of	
POOL CLOSURES/EVENTS  Pool Rental- Oct. 10th 4pm						10/1/2025 YMCA Pool Hours		
	*M	. l		lata a sua llata a ¥		Monday- Friday	5a-7:30p	
	*Members must be a	t least 13 years old to	o participate in propu	ision walking*		Saturday	7a-4:30p	
						Sunday	CLOSED	