September 2025 Competitive Pool Schedule								
Timo	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Cunday	
5:00 AM 6:00 AM	LAP SWIM (8) 5:00- 8:00AM	Tuesday	LAP SWIM (8) 5:00-7:55AM	mursuay	LAP SWIM (8) 5:00- 8:00AM	CLOSED	Sunday	
7:00 AM 8:00 AM 8:45 AM	DEEP AQUA JOG (6) 8- 8:45 AM	LAP SWIM (8) 5:00- 10:30AM	DEEP AQUA JOG (7) 8-8:45 AM LAP SWIM (1) 8- 9:00AM WATER AEROBICS (6) 9-9:45AM	LAP SWIM (8) 5:00- 10:30AM	DEEP AQUA JOG (6) 8- 8:45 AM	LAP SWIM (8) 7:00- 8:45AM		
9:00 AM	WATER AEROBICS (6) 9-9:45AM				WATER AEROBICS (6) 9-9:45AM	DEEP WATER HIGH INTENSITY (2) 8:45- 9:45AM		
9:45 AM 10:00 AM 10:30 AM	LAP SWIM (2) 8:00- 9:45 AM	LESSONS (3) 10:30- 11:30 AM	LAP SWIM (2) 9- 9:45 AM	LESSONS (3) 10:30- 11:30 AM	LAP SWIM (2) 8:00- 9:45 AM	LESSONS (2) 9:30- 10:30 AM LAP SWIM (4) 9:00- 10:30AM		
11:00 AM 12:00 PM		LAP SWIM (5) 10:30- 11:30AM LAP SWIM (8) 11:30- 4:00PM	LAP SWIM (8) 10:00-4:00PM			LESSONS (4) 10:30- 12:00 PM LAP SWIM (4) 10:30- 12PM	CLOSED	
1:00 PM 2:00 PM	LAP SWIM (8) 10:00 4:00PM				LAP SWIM (8) 10:00- 4:00PM	LAP SWIM (5) 12:00- 4:30PM		
3:00 PM 4:00 PM	BDHS SWIM TEAM	BDHS SWIM TEAM	BDHS SWIM TEAM	BDHS SWIM TEAM	BDHS SWIM TEAM (3)	DIVING BOARD (3) 12:00-4:30PM		
4:30 PM	(3) 4-5:30PM LESSONS (2) 4:00- 5:30PM	(3) 4-5:30PM LESSONS (3) 4:00- 5:30PM	(3) 4-5:30PM LESSONS (1) 4:00- 5:00 PM	(3) 4-5:30PM LESSONS (2) 4:30- 5:30 PM	4-5:30PM LAP SWIM (2) 4:00- 5:30PM			
5:00 PM	LAP SWIM (3) 4:00- 5:30 PM LESSONS (2) 5:30-	LAP SWIM (2) 4:00- 5:30PM	LAP SWIM (4) 4:00- 5:30 PM LAP SWIM (5)	LAP SWIM (3) 4:00- 5:30 PM LESSONS (4) 6:00-	DIVING BOARD (3) 4:30-7:30PM			
5:30 PM	7:30PM DEEP WATER HIGH INTENSITY (2) 5:30- 6:30PM	LESSONS (4) 6- 7:30PM	5:30- 6:30 PM SHALLOW WATER FREE WEIGHTS (2) 5:30-6:30PM LESSONS (1) 6:00- 6:30	7:00PM LAP SWIM (4) 6:00-	LAP SWIM (5) 5:30- 7:30PM	CLOSED		
6:00 PM	LAP SWIM (5) 5:30- 7:30 PM		LESSONS (1) 6:30- 7:30 PM LAP SWIM (4)	LESSONS (5) 7:00- 7:30PM				
6:30 PM	DEEP AQUA JOG (3) 6:30-7:30PM	LAP SWIM (4) 5:30- 7:30PM	6:30-7:30 PM DEEP AQUA JOG (3) 6:30-7:30PM	LAP SWIM (3) 7:00- 7:30PM	DIVING BOARD (3) 4:30-7:30PM			
7:00 PM 7:30 PM	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED			
	POOL/LANE CLOSURES					Hours and Schedules as of 8/31/2025		
	*DISCLAIMER: Lane availabilty may vary depending on YMCA programs.Y programs take precedent for lap lanes.This includes Private Lessons, Swim Team, Group Lessons, Camp Lessons, and Water Classes. □					YMCA Pool Hours		
	When lanes are limited lane circle swimming is e September 26th- BDSD Tryouts 4:45-5:45pm (1)					Monday- Friday Saturday Sunday	5a-7:30pm 7a-4:30pm CLOSED	