

September 2025 Family Pool Schedule



Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 AM	Low Impact Water Aerobics	Early Rizer Water Aerobics	Low Impact Water Aerobics	Early Rizer Water Aerobics	Low Impact Water Aerobics	CLOSED	
6:00 AM		6:00-6:45AM		6:00-6:45AM			
7:00 AM		Marshfield PT 7:00- 9:00AM		Marshfield PT 7:00- 9:00AM			
8:00 AM		7:15-8:00AM		7:15-8:00AM			7:15-8:00AM
8:30 AM	Propulsion Walking	Propulsion Walking	Propulsion Walking	Propulsion Walking	Propulsion Walking		
9:00 AM	6:00-11:15AM	6:00-11:15AM	6:00-11:15AM	6:00-11:15AM	6:00-11:15AM	Propulsion Walking	
10:00 AM	Intermediate Water Aerobics	Swim Lessons	Intermediate Water Aerobics	Swim Lessons	Intermediate Water Aerobics	8:30-12:00PM	
10:30 AM	10:00AM-10:45AM	8:30-12:00PM	10:00AM-10:45AM	8:30-12:00PM	10:00AM-10:45AM	Swim Lessons	
11:15 AM						8:30-12:00PM	
12:00 PM	CLOSED					Family Open Swim & Lazy River	CLOSED
1:00 PM						12:00-4:30PM	
2:00 PM							
3:00 PM						Slide	
3:45 PM						12:30-3:30	
4:00 PM							
4:30 PM							
5:00 PM	Family Open Swim 4:00-7:30PM	Propulsion Walking	Family Open Swim 4:00-7:30PM	Propulsion Walking	Family Open Swim	CLOSED	
5:30 PM		4:00-7:00PM		4:00-7:00PM	& Lazy River		
6:00 PM		Swim Lessons		Swim Lessons	4:00-7:30PM		
6:30 PM		4:00-7:00PM		4:00-7:00PM			
7:00 PM		CLOSED		CLOSED			
7:30 PM	CLOSED		CLOSED	CLOSED	CLOSED		
	POOL CLOSURES/EVENTS						Hours and Schedules as of 8/31/2025
	CLOSED SEPT 1st- 6th for annual cleaning. Schools Night Out - St. Katharines *Members must be at least 13 years old to participate in propulsion walking*						YMCA Pool Hours
						Monday- Friday	5a-7:30p
					Saturday	7a-4:30p	
					Sunday	CLOSED	