

April 2026 Family Pool Schedule



Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5:00 AM		Early Rizer Water Aerobics		Early Rizer Water Aerobics		CLOSED		
6:00 AM								
7:00 AM	Low Impact Water Aerobics	6:00-6:45AM	Low Impact Water Aerobics	6:00-6:45AM	Low Impact Water Aerobics			
8:00 AM	7:15-8:00AM	Marshfield PT 7:00-9:00AM	7:15-8:00AM	Marshfield PT 7:00-9:00AM	7:15-8:00AM			
8:30 AM	Propulsion Walking	Propulsion Walking	Propulsion Walking	Propulsion Walking	Propulsion Walking			
9:00 AM	6:00-11:15AM	6:00-11:15AM	6:00-11:15AM	6:00-11:15AM	6:00-11:15AM		Propulsion Walking	
10:00 AM	Intermediate Water Aerobics	Swim Lessons	Intermediate Water Aerobics	Swim Lessons	Intermediate Water Aerobics		8:30-12:00PM	
10:30 AM	10:00AM-10:45AM	8:30-12:00PM	10:00AM-10:45AM	8:30-12:00PM	10:00AM-10:45AM		Swim Lessons	
11:15 AM							8:30-12:00PM	
12:00 PM							Family Open Swim & Lazy River	Family Open Swim & Lazy River
1:00 PM								
2:00 PM	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED		12:00-4:30PM	12:00-3:30PM
3:00 PM	11:15AM-4:00PM	11:15AM-4:00PM	11:15AM-4:00PM	11:15AM-4:00PM	11:15AM-4:00PM			
3:45 PM							Slide	
4:00 PM						12:30-3:30		
4:30 PM			SHALLOW WATER FREE WEIGHTS 4:15-5:15PM					
5:00 PM		Propulsion Walking		Propulsion Walking	Family Open Swim & Lazy River	CLOSED		
5:30 PM	Family Open Swim 4:00-7:30PM	4:00-7:00PM	Family Open Swim 4:00-7:30PM	4:00-7:00PM	4:00-7:30PM			
6:00 PM		Swim Lessons		Swim Lessons				
6:30 PM		4:00-7:00PM		4:00-7:00PM				
7:00 PM		CLOSED		CLOSED				
7:30 PM	CLOSED		CLOSED		CLOSED			
	POOL CLOSURES/EVENTS							
	School's Night Out- Friday, April 17th							
	Members must be at least 13 years old to participate in propulsion walking							
						Hours and Schedules as of 3/31/2026		
						YMCA Pool Hours		
						Monday- Friday	6a-7:30pm	
						Saturday	8:30a-4:30pm	
						Sunday	12-3:30pm	