

August 2026 Competitive Pool Schedule



| Time     | Monday                                                                                                                                                                                                                   | Tuesday                      | Wednesday                     | Thursday                     | Friday                       | Saturday                                  | Sunday    |                              |
|----------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------|-------------------------------|------------------------------|------------------------------|-------------------------------------------|-----------|------------------------------|
| 5:00 AM  | LAP SWIM (8) 5:00-8:00AM                                                                                                                                                                                                 |                              | LAP SWIM (8) 5:00-8:00AM      |                              | LAP SWIM (8) 5:00-8:00AM     | CLOSED                                    |           |                              |
| 6:00 AM  |                                                                                                                                                                                                                          |                              |                               |                              |                              |                                           |           |                              |
| 7:00 AM  |                                                                                                                                                                                                                          |                              |                               |                              |                              |                                           |           |                              |
|          | DEEP AQUA JOG (6) 8-8:45 AM                                                                                                                                                                                              | LAP SWIM (8) 5:00-10:00AM    | DEEP AQUA JOG (7) 8-8:45 AM   | LAP SWIM (8) 5:00-10:00AM    | DEEP AQUA JOG (6) 8-8:45 AM  | LAP SWIM (8) 7:00-8:45AM                  | CLOSED    |                              |
| 8:00 AM  | WATER AEROBICS (6) 9-9:45AM                                                                                                                                                                                              |                              | LAP SWIM (1) 8-9:00AM         |                              | WATER AEROBICS (6) 9-9:45AM  | DEEP WATER HIGH INTENSITY (3) 8:45-9:45AM |           |                              |
| 8:45 AM  |                                                                                                                                                                                                                          |                              |                               |                              |                              |                                           |           |                              |
|          |                                                                                                                                                                                                                          |                              |                               |                              |                              |                                           |           |                              |
| 9:00 AM  |                                                                                                                                                                                                                          |                              |                               |                              |                              |                                           |           |                              |
| 9:45 AM  | LAP SWIM (2) 8:00-9:45 AM                                                                                                                                                                                                | LESSONS (2) 10:00-12:00 PM   | LAP SWIM (2) 9-9:45 AM        | LESSONS (2) 10:00-12:00 PM   | LAP SWIM (2) 8:00-9:45 AM    | LESSONS (2) 9:30-10:30AM                  |           |                              |
| 10:00 AM |                                                                                                                                                                                                                          |                              |                               |                              |                              | LAP SWIM (3) 9:30-10:30AM                 |           |                              |
| 10:30 AM |                                                                                                                                                                                                                          | LAP SWIM (6) 10:00-1:00PM    |                               | LAP SWIM (6) 10:00-1:00PM    |                              |                                           |           |                              |
| 11:00 AM |                                                                                                                                                                                                                          |                              |                               |                              |                              | LESSONS (4) 10:30-11:30AM                 |           |                              |
| 12:00 PM |                                                                                                                                                                                                                          | LESSONS (3) 1:00-2:30PM      |                               | LESSONS (3) 1:00-2:30 PM     |                              | LAP SWIM (4) 10:30-11:30AM                |           |                              |
| 1:00 PM  |                                                                                                                                                                                                                          |                              |                               |                              |                              | LESSONS (4) 11:30-12:00PM                 |           |                              |
| 2:00 PM  | LAP SWIM (8) 10:00-4:00PM                                                                                                                                                                                                | LAP SWIM (5) 1:00-4:00PM     | LAP SWIM (8) 10:00-4:00PM     | LAP SWIM (5) 1:00-4:00PM     | LAP SWIM (8) 10:00-4:00PM    | LAP SWIM (4) 11:30-12:00PM                |           |                              |
| 3:00 PM  |                                                                                                                                                                                                                          |                              |                               |                              |                              | LAP SWIM (5) 12:00-4:30PM                 |           |                              |
|          |                                                                                                                                                                                                                          |                              |                               |                              |                              |                                           |           |                              |
|          | LESSONS (1) 3:30-4:30PM                                                                                                                                                                                                  | LESSONS (1) 4:00-4:30PM      | LESSONS (1) 4:00-4:30PM       | LESSONS (1) 4:00-4:30PM      |                              | DIVING BOARD (3) 12:00-4:30PM             |           |                              |
| 4:00 PM  | LAP SWIM (4) 4:00-4:30 PM                                                                                                                                                                                                | LAP SWIM (4) 4:00-4:30PM     | LAP SWIM (4) 4:00-4:30PM      | LAP SWIM (4) 4:00-4:30PM     |                              |                                           |           |                              |
| 4:30 PM  | BD SWIM TEAM (3) 4:00-4:30PM                                                                                                                                                                                             | BD SWIM TEAM (3) 4:00-4:30PM | BD SWIM TEAM (3) 4:00-4:30PM  | BD SWIM TEAM (3) 4:00-4:30PM | BD SWIM TEAM (3) 4:00-5:30PM |                                           |           |                              |
|          | DEEP WATER HIGH INTENSITY (2) 4:15-5:15PM                                                                                                                                                                                | LESSONS (3) 4:30-5:00PM      | LESSONS (1) 4:30-5:00 PM      | LESSONS (3) 4:30-5:00PM      |                              |                                           |           |                              |
|          | LESSONS (1) 4:30-5:00PM                                                                                                                                                                                                  |                              |                               |                              |                              |                                           |           |                              |
|          | BD SWIM TEAM (3) 4:30-5:00PM                                                                                                                                                                                             |                              |                               |                              |                              | BD SWIM TEAM (3) 4:30-5:00PM              |           | BD SWIM TEAM (3) 4:30-5:00PM |
| 5:00 PM  | LAP SWIM (2) 4:30-5:00 PM                                                                                                                                                                                                | LAP SWIM (2) 4:30-5:00PM     | LAP SWIM (4) 4:30-5:00 PM     | LAP SWIM (2) 4:30-5:00PM     |                              |                                           |           |                              |
|          | BD SWIM TEAM (3) 5:00-5:30PM                                                                                                                                                                                             | BD SWIM TEAM (3) 5:00-5:30PM | BD SWIM TEAM (3) 5:00-5:30PM  | BD SWIM TEAM (3) 5:00-5:30PM |                              |                                           |           |                              |
| 5:30 PM  | LESSONS (1) 5:00-5:30PM                                                                                                                                                                                                  | LESSONS (3) 5:00-5:30PM      |                               | LESSONS (2) 5:00-5:30PM      |                              | CLOSED                                    |           |                              |
|          | LAP SWIM (4) 5:00-5:30 PM                                                                                                                                                                                                | LAP SWIM (2) 5:00-5:30PM     |                               | LAP SWIM (3) 5:00-5:30PM     |                              |                                           |           |                              |
|          | LAP SWIM (8) 5:30-6:30 PM                                                                                                                                                                                                | LESSONS (3) 5:30-6:00PM      |                               | LAP SWIM (8) 5:30-6:00PM     |                              |                                           |           |                              |
|          |                                                                                                                                                                                                                          | LAP SWIM (5) 5:30-6:00PM     | LAP SWIM (8) 5:30-6:30PM      | LAP SWIM (8) 5:30-6:00PM     |                              |                                           |           |                              |
|          |                                                                                                                                                                                                                          | LESSONS (3) 6:00-6:30PM      |                               | LESSONS (2) 6:00-6:30PM      |                              |                                           |           |                              |
| 6:00 PM  |                                                                                                                                                                                                                          | LAP SWIM (5) 6:00-6:30PM     |                               | LAP SWIM (6) 6:00-6:30PM     |                              |                                           |           |                              |
| 6:30 PM  |                                                                                                                                                                                                                          |                              |                               |                              |                              |                                           |           |                              |
|          | LAP SWIM (5) 7:00-7:30PM                                                                                                                                                                                                 | LESSONS (3) 6:30-7:30PM      | LAP SWIM (5) 6:30-7:30PM      | LESSONS (4) 6:30-7:30PM      |                              |                                           |           |                              |
|          | DEEP AQUA JOG (3) 6:30-7:30PM                                                                                                                                                                                            | LAP SWIM (5) 6:30-7:30PM     | DEEP AQUA JOG (3) 6:30-7:30PM | LAP SWIM (4) 6:30-7:30PM     |                              |                                           |           |                              |
| 7:00 PM  |                                                                                                                                                                                                                          |                              |                               |                              |                              |                                           |           |                              |
| 7:30 PM  | CLOSED                                                                                                                                                                                                                   | CLOSED                       | CLOSED                        | CLOSED                       | CLOSED                       |                                           |           |                              |
|          |                                                                                                                                                                                                                          |                              |                               |                              |                              |                                           |           |                              |
|          | POOL/LANE CLOSURES                                                                                                                                                                                                       |                              |                               |                              |                              | Hours and Schedules as of 7/31/2026       |           |                              |
|          | *DISCLAIMER: Lane availabilty may vary depending on YMCA programs.Y programs take precedent for lap lanes. This includes Lifeguard Training, Private Lessons, Swim Team, Group Lessons, Camp Lessons, and Water Classes. |                              |                               |                              |                              | YMCA Pool Hours                           |           |                              |
|          |                                                                                                                                                                                                                          |                              |                               |                              |                              |                                           |           |                              |
|          | When lanes are limited lane circle swimming is encouraged.                                                                                                                                                               |                              |                               |                              |                              | Monday- Friday                            | 5a-7:30pm |                              |
|          | Lifeguard Class (2)- August 4th & 5th                                                                                                                                                                                    |                              |                               |                              |                              | Saturday                                  | 7a-4:30pm |                              |
|          | Girls High School Swim Team starting August 17th                                                                                                                                                                         |                              |                               |                              |                              |                                           |           |                              |
|          |                                                                                                                                                                                                                          |                              |                               |                              |                              |                                           |           |                              |
|          |                                                                                                                                                                                                                          |                              |                               |                              |                              |                                           |           |                              |