

June 2026 Competitive Pool Schedule



Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 AM	LAP SWIM (8) 5:00-8:00AM		LAP SWIM (8) 5:00-8:00AM		LAP SWIM (8) 5:00-8:00AM	CLOSED	
6:00 AM							
7:00 AM		LAP SWIM (8) 5:00-8:30AM		LAP SWIM (8) 5:00-8:30AM		LAP SWIM (8) 7:00-8:45AM	
8:00 AM	DEEP AQUA JOG (6) 8-8:45 AM		DEEP AQUA JOG (7) 8-8:45 AM		DEEP AQUA JOG (6) 8-8:45 AM		
8:45 AM			LAP SWIM (1) 8-9:00AM			DEEP WATER HIGH INTENSITY (3) 8:45-9:45AM	
	WATER AEROBICS (6) 9-9:45AM	LESSONS (1) 8:30-10:00AM	WATER AEROBICS (6) 9-9:45AM	LESSONS (1) 8:30-10:00 AM	WATER AEROBICS (6) 9-9:45AM		
9:00 AM		LAP SWIM (7) 8:30-10:00AM		LAP SWIM (7) 8:30-10:00 AM		LESSONS (2) 9:30-10:30AM	
9:45 AM	LAP SWIM (2) 8:00-9:45 AM	LESSONS (2) 10:00-12:00 PM	LAP SWIM (2) 9-9:45 AM	LESSONS (2) 10:00-12:00 PM	LAP SWIM (2) 8:00-9:45 AM		
10:00 AM						LAP SWIM (3) 9:30-10:30AM	
10:30 AM		LAP SWIM (6) 10:00-1:00PM		LAP SWIM (6) 10:00-1:00PM			
11:00 AM		LESSONS (3) 1:00-2:30PM		LESSONS (3) 1:00-2:30 PM		LESSONS (4) 10:30-11:30AM	
12:00 PM	LAP SWIM (8) 10:00-4:00PM		LAP SWIM (8) 10:00-4:00PM		LAP SWIM (8) 10:00-4:30PM		
1:00 PM		LAP SWIM (5) 1:00-4:00PM		LAP SWIM (5) 1:00-4:00PM		LAP SWIM (4) 10:30-11:30AM	
2:00 PM							
3:00 PM						LESSONS (4) 11:30-12:00PM	
	DCSD SWIM TEAM (3) 4:00-4:30PM	DCSD SWIM TEAM (3) 4:00-4:30PM	DCSD SWIM TEAM (3) 4:00-4:30PM	DCSD SWIM TEAM (3) 4:00-4:30PM			
4:00 PM	LESSONS (1) 3:30-4:30PM	LESSONS (1) 4:00-4:30PM	LESSONS (1) 4:00-4:30PM	LESSONS (1) 4:00-4:30PM		LAP SWIM (4) 11:30-12:00PM	
4:30 PM	LAP SWIM (3) 4:00-4:30 PM	LAP SWIM (4) 4:00-4:30PM	LAP SWIM (4) 4:00-4:30PM	LAP SWIM (4) 4:00-4:30PM			
	DEEP WATER HIGH INTENSITY (2) 4:15-5:15PM	LESSONS (3) 4:30-5:00PM	LESSONS (1) 4:30-5:00 PM	LESSONS (3) 4:30-5:00PM		LAP SWIM (5) 12:00-4:30PM	
	LESSONS (1) 4:30-5:00PM						
5:00 PM	LAP SWIM (2) 4:30-5:00 PM	LAP SWIM (2) 4:30-5:00PM	LAP SWIM (4) 4:30-5:00 PM	LAP SWIM (2) 4:30-5:00PM		DIVING BOARD (3) 12:00-4:30PM	
	DCSD SWIM TEAM (3) 4:30-5:30PM	DCSD SWIM TEAM (3) 4:30-5:30PM	DCSD SWIM TEAM (3) 4:30-5:30PM	DCSD SWIM TEAM (3) 4:30-5:30PM			
5:30 PM	LESSONS (1) 5:00-5:30PM	LESSONS (3) 5:00-5:30PM		LESSONS (2) 5:00-5:30PM		CLOSED	
		LAP SWIM (2) 5:00-5:30PM		LAP SWIM (3) 5:00-5:30PM			
		LESSONS (3) 5:30-6:00PM		LAP SWIM (8) 5:30-6:00PM		DIVING BOARD (3) 4:30-7:30PM	
	LAP SWIM (8) 5:30-6:30 PM	LAP SWIM (5) 5:30-6:00PM	LAP SWIM (8) 5:00-6:30PM				
6:00 PM		LESSONS (3) 6:00-6:30PM		LESSONS (2) 6:00-6:30PM		LAP SWIM (5) 4:30-7:30PM	
6:30 PM		LAP SWIM (5) 6:00-6:30PM		LAP SWIM (6) 6:00-6:30PM			
	LAP SWIM (5) 7:00-7:30PM	LESSONS (3) 6:30-7:30PM	LAP SWIM (5) 6:30-7:30PM	LESSONS (4) 6:30-7:30PM		CLOSED	
7:00 PM	DEEP AQUA JOG (3) 6:30-7:30PM	LAP SWIM (5) 6:30-7:30PM	DEEP AQUA JOG (3) 6:30-7:30PM	LAP SWIM (2) 6:30-7:30PM			
7:30 PM	CLOSED	CLOSED	CLOSED	CLOSED			

POOL/LANE CLOSURES

*DISCLAIMER: Lane availability may vary depending on YMCA programs. Y programs take precedent for lap lanes. This includes Private Lessons, Swim Team, Group Lessons, Camp Lessons, and Water Classes. ☐

When lanes are limited lane circle swimming is encouraged.

Lifeguard Class (2) - June 1st, 2nd & 3rd, 4th & 5th

Sports Camp (3)- June 25th 8:30am-10am

Hours and Schedules as of 5/31/2026

YMCA Pool Hours

Monday- Friday	5a-7:30pm
Saturday	7a-4:30pm