

September 2026 Family Pool Schedule								
Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
6:00 AM		Early Rizer Water Aerobics		Early Rizer Water Aerobics		CLOSED		
7:00 AM	Low Impact Water Aerobics	6:00-6:45AM	Low Impact Water Aerobics	6:00-6:45AM	Low Impact Water Aerobics			
8:00 AM	7:15-8:00AM	Marshfield PT 7:00-9:00AM	7:15-8:00AM	Marshfield PT 7:00-9:00AM	7:15-8:00AM			
8:30 AM	Propulsion Walking	Propulsion Walking	Propulsion Walking	Propulsion Walking	Propulsion Walking			
9:00 AM	6:00-11:15AM	6:00-11:15AM	6:00-11:15AM	6:00-11:15AM	6:00-11:15AM	Propulsion Walking		
10:00 AM	Intermediate Water Aerobics	Swim Lessons	Intermediate Water Aerobics	Swim Lessons	Intermediate Water Aerobics	8:30-12:00PM		
10:30 AM	10:00AM-10:45AM	8:30-12:00PM	10:00AM-10:45AM	8:30-12:00PM	10:00AM-10:45AM	Swim Lessons		
11:15 AM						8:30-12:00PM		
12:00 PM	CLOSED					Family Open Swim & Lazy River		
1:00 PM						12:00-4:30PM		
2:00 PM						Slide		
3:00 PM						12:30-3:30		
3:45 PM								
4:00 PM								
4:30 PM		Propulsion Walking	SHALLOW WATER FREE WEIGHTS 4:15-5:15PM	Propulsion Walking	Family Open Swim	CLOSED		
5:00 PM					& Lazy River			
5:30 PM	Family Open Swim	4:00-7:00PM	Family Open Swim	4:00-7:00PM	4:00-7:30PM			
6:00 PM	4:00-7:30PM	Swim Lessons	4:00-7:30PM	Swim Lessons				
6:30 PM		4:00-7:00PM		4:00-7:00PM				
7:00 PM		CLOSED		CLOSED				
7:30 PM	CLOSED		CLOSED		CLOSED			
	POOL CLOSURES/EVENTS					Hours and Schedules as of 8/31/2026		
	Lap pool closed Aug. 31st - Sept. 5th					YMCA Pool Hours		
	Family pool closed Sept. 7th - 12th					Monday- Friday	6a-7:30pm	
	Members must be at least 13 years old to participate in propulsion walking					Saturday	8:30a-4:30pm	