



**FUN FOR EVERYONE!**

# PICKLEBALL

**FOR BEGINNERS UP TO 5.0**

No experience needed  
just bring your paddle and a smile.

All young adults welcome — from  
age 18 to 80

Meet new friends, move your  
body, and have a lot of fun!



## 2.0

### Beginner

- Just getting started
- Short rallies (1-2 shots)
- Basic scoring knowledge

## 3.0

### Lower Intermediate

- Consistent forehands & serves
- Beginning to dink
- Learning positioning

## 4.0

### Intermediate

- Developing third-shot drop
- Can dink moderately
- Avoids backhands

## 3.5

### Upper Intermediate

- Plays longer rallies with patience
- Aware of partner & positioning
- Mixing power and soft shots

## 4.5

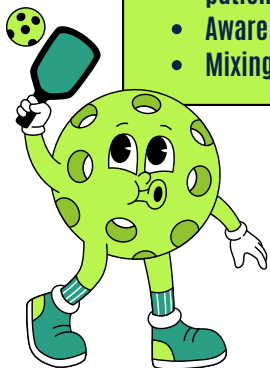
### Advanced

- Strong consistency and power
- Varies serve speed/spin
- Confident near the kitchen
- Comfortable stacking

## 5.0

### Elite

- Mastered all shot types
- Rarely makes unforced errors
- Plays competitively



**BEFORE YOU COME, LEARN THE BASICS  
BY WATCHING THESE SHORT VIDEOS.**



[theydc.org/pickleball](http://theydc.org/pickleball)

- [Pickleball Rules](#)
- [How to Score](#)
- [Line Rules](#)
- [Basic Game Plan](#)
- [From Beginner to Advance](#)